

# Health Certificate

Upon the acceptance at the American College of Traditional Chinese Medicine at California Institute of Integral Studies (CIIS), the following health requirements for student records must be completed by a qualified licensed healthcare practitioner prior to registration:

**Student's Name:** \_\_\_\_\_ **Birth Date** \_\_\_\_\_

Please describe the overall health and any health problem(s) that will affect his/her being a student at ACTCM at CIIS or working in the College's Community Clinic. Abnormalities should be described.

<b>Overall:</b>
<b>Abnormal Findings:</b>
<b>Comments and Follow-up</b>

**Primary Healthcare Provider:**

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_ Phone: (    ) \_\_\_\_\_

**ALL STUDENT CANDIDATES ARE REQUIRED TO HAVE A TB TEST UPON ENTRY**

Evidence of a current Tuberculin test **MUST** be submitted no later than 10 days of admission. Students with a history of a previous or current positive Tuberculin skin test must submit a written report of a negative chest X-ray taken within six months of the student's first school quarter. A positive chest X-ray requires physician determination of non-infectiousness prior to admission. Chest X-ray are to be taken every 5 years. TB tests are to be taken annually.

Reader: \_\_\_\_\_ Signature: \_\_\_\_\_

TB Test Given Date: \_\_\_\_\_ TB Test Read Date: \_\_\_\_\_ **Results:** POSITIVE    NEGATIVE

## IMMUNITY RECORD

**THE FOLLOWING SERUM TITRES OR VACCINES ARE RECOMMENDED**

	Date of Serum Titres	Results of Serum Titres	Date of Vaccine
Rubella Measles			
Hepatitis B Virus			(1)
Hepatitis B Virus			(2)
Hepatitis B Virus			(3)
Hepatitis B Virus			(Booster)
Mumps			
Varicella Chickenpox			
Diphtheria/Tetanus			
Rubella Measles 1st			(1)
Rubella Measles 2nd			(2)
Hepatitis A 1st			(1)
Hepatitis A 2nd			(2)

**SIGNATURE OF WAIVER**

Signature below will verify that I have read this information and have knowledge that lack of immunity may increase risk. I will not be completing the serum titres or vaccinations which have been recommended and I release ACTCM at CIIS from any liability for incurred illness.

**Student's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# HEPATITIS B AND HEPATITIS B VACCINE

## **The Disease:**

Hepatitis B is an infection caused by the Hepatitis B virus. Some people who become infected with the virus recover completely, but some become chronic carriers of the virus or develop recurrent hepatitis. The majority of chronic carriers do not have symptoms themselves, but they may infect others by transmitting the virus via blood or body fluids. Some who remain infected with the virus develop chronic hepatitis, serious liver disease and liver cancer. Worldwide, the Hepatitis B virus is a major cause of liver disease.

## **The Vaccine:**

Healthcare practitioners are considered a high-risk group because of the risk of needle sticks. A safe and effective vaccine is available to prevent infection with the Hepatitis B virus, thus preventing both the acute and chronic forms of Hepatitis B. The vaccine called Recombivax HB, is derived from yeast cells which have been genetically altered, and is free of association with human blood products. The vaccine was subjected to extensive clinical trials prior to FDA approval, and has been commercially available since 1987. There is no evidence available to suggest that the vaccine transmits Hepatitis B or any other disease. No serious side effects have been reported to date. Occasionally, a person may have been exposed to Hepatitis B prior to beginning the immunization series and he may develop Hepatitis B, even after being vaccinated.

The vaccine is also highly effective. Of those individuals who received a full immunization series, 85-95% develop measurable immunity to Hepatitis B.

The complete given series consists of three (3) injections over a six (6) month period: the first injection given initially, the second given 30 days later and the third given five months after the second injection. The duration of immunity is not known, but is believed to be long-lasting with no need for boosters for at 5-10 years.

## **Vaccine Side Effects:**

Side effects to the vaccine are relatively uncommon. Those that do occur are not serious and are usually mild. An individual may experience redness and soreness at the injection site. Rarely, systemic symptoms such as fever, malaise, rash and joint pains have occurred, but even these symptoms last only a few days following vaccination.

There is also a vaccine available against Hepatitis A. Both vaccines can be obtained from your Primary Care Practitioner or from Public Health Clinics.